



Education News

Issue Two

May 2009



Dear All,

May already—where has the year gone?! It has already been a busy year with GymSchool and generic coaching courses being held, as well as judging courses, both internationally and nationally. All this and the competition

season is still yet to begin—pew!

This newsletter has information relating to those topics but also includes some of the priorities that have been highlighted for the coming year, such as the re-development of the 'Coach in Training' Youth Leadership

Programme.

I look forward to catching up with many of you at various competitions, courses and events that are planned.

Kind regards,

National Education Manager
GymSports New Zealand

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GymSchool '09

GymSchool has been re-established, kicking off with courses held at Christchurch School of Gymnastics and Olympia Gymnastic Sports. Feedback from presenters and participants alike has been positive and this is a concept that GymSports New Zealand is very keen to maintain and further develop.

The Welcome Dinner saw two familiar faces to many, **Professor Peter Chen** and his wife, **Jean**, in

attendance. The audience were addressed by Professor Chen, who was a former principal of GymSchool some years ago, alongside his other numerous



Professor Peter Chen

achievements. Being such a knowledgeable and motivating speaker, it was an honour to have Professor Chen at GymSchool'09 and on behalf of GymSports New Zealand, I would like to thank him again for the valuable contribution he made.

Over the course of the weekend, participants were also addressed by High Performance Advisory Group Chair, **Lyn Johnston**, former

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GymSchool'09 (continued)



Canterbury University lecturer, **Paul Carpinter** and former Olympian now Pilates expert, **David Phillips**.

Huge thanks and appreciation must also go to the presenters of the code-specific courses:

Jenny Jujnovich (WAG Junior), **David Phillips** (MAG Junior), **Tracey Redhead** (RG Junior), **Daphne Stringer** (TRA Junior), **Joszi Ferencz** (WAG Senior), **Alexandra**



Tracey Redhead works with the Rhythmic Junior Coaches at Olympia.

Koudinova (WAG Senior), **Alex Pozdniakov** (MAG Senior), **Justin Dougal** (TRA Junior/Senior), **Angie Dougal** (TRA Senior) and last, but by no means least, our presenter from Australia, **Jo Edinger** (RG Senior).

Feedback from the event is being collected and will prove valuable for making improvements for next year. A recommendation on the amount of bread rolls will definitely be given!

I really enjoyed meeting so many of the coaches in our community and I'm sure the feeling was mutual across the participants involved. Sharing ideas and experiences, particularly during breaks or after the course finished was really valuable. One participant

commented, "Overall, it was a wonderful team-building experience. Loved meeting people from other codes and sharing challenges and ideas."

Now that I have (nearly!) caught my breath, planning begins for next year's event. I hope to get venues and dates confirmed as soon as possible so that clubs/members can start making plans early. As



David Phillips presents the Artistic Junior Coach Tumbling module with the help of a demonstrator at CSG.

Nationals is in the North Island again this year, at this stage, we are planning to hold the next **GymSchool** in Christchurch again.

Lastly, a big thank you from me to the GSNZ team who helped to bring GymSchool'09 together. Who's up for helping with the next one?!



(Please see page 5 for more photos)

Intercontinental/International Judging

Judge qualification under the new Olympic Cycle (2009-2012) began late last year and to date, New Zealand has been represented at courses in all five GSNZ competitive codes. So far, 20 judges have re-qualified at these international events.

Congratulations to all participants who attended and either qualified for the first time or retained their judging status.

Men's Artistic:

Stephen Kendall, Ken Bow (Intercontinental in Germany)

Gareth Brettell, Adrian Coman, Campbell Main (International in Australia)

Women's Artistic:

Avril Enslow, Karen Bevins, Marie Stechman (Intercontinental in Slovakia)

Aerobics:

Nicky Donaldson (Intercontinental in China)

Trampoline:

Daphne Stringer (International in Japan)

Taking the course in May are *Janine Glover, Lance Henry, Rana Coetzee and Vicki Humphreys.*

Rhythmic:

Tracey Redhead, Margaret Woolf, Liz Wheadon, Keita McGowan, Hannah Mills-Beale, and Kris Mayo (International in Australia)

Both Avril Enslow and Stephen Kendall were invited to judge at the FIG Artistic Gymnastics World Cup Final held in Spain late last year. Unfortunately, Avril was unable to attend but Stephen judged at the event just days after completing the MAG Intercontinental Judges' Course in Germany.

In May, New Zealand will host an FIG International Judges' Course for WAG judges. Australia's Kim Dowdell, member of the FIG WAG Technical Committee, and Avril Enslow will present this course in Wellington.

Lynne Silcock has been working on the administration of this course and we thank her for the time she has put in to see that the course runs smoothly.

Congratulations must also go to all those judges who have sat and passed GSNZ judging courses so far this year. Without our volunteer judges, we could not hold competitions in any code so we thank you for the hard work and commitment you show towards your chosen gym sport. Anybody interested in becoming a GymSports Judge, please keep your eye on E-News for Level One Judging Courses being held in your region. You could also contact your local GymSports Officer for further information.



Avril Enslow retained her Category I status and was also ranked 6th in the exam. A fantastic result—well done Avril!

Anybody interested in becoming a GymSports Judge, please keep your eye on E-News for Level One Judging Courses being held in your region. You could also contact your local GymSport Officer for further information.

'Coach in Training' Youth Leadership Programme

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and administration procedures is long overdue for a makeover. The structure of GymSports New Zealand has changed significantly and it has been highlighted to me that the 'Coach in Training' Programme is a priority for development.

discuss thoughts and ideas around the programme shortly. A business case has been drafted and sits with SPARC at present, so I am hoping that once/if the business case is successful and we are allocated some funding, a full re-development can begin.

I will be arranging meeting times with CIT Coordinators to Watch this space!

CITs learnt many aspects of Event Management through being involved in a CIT Camp held during Nationals 2008



National Coaching Directors' Seminar—Wellington April 09

At the beginning of April, I travelled to Wellington to meet with coaching representatives from SPARC as well as many National Sporting Organisations and Regional Sports Trusts. Listening to guest speakers share their views and networking with National Coaching Directors from other National Sports Organisations is useful to gather ideas and gauge GymSports New Zealand's progress within coach development.



GymSchool '09



Clockwise from left: Jenny Ujnovich speaks to the WAG/MAG Junior Coaches, Justin Dougal with the TRA Junior Coaches, RG coaches watch competition DVDs, RG demonstrators, Alexandra Koudinova leads a dance module, Daphne Stringer with coaches on DMT.



Update on Courses 2009

To date, 2009 has been a busy year for coach and judge development. As well as GymSchool'09 and the Intercontinental/International Judges' Courses, many other courses have been hosted across the country.

As we head into the 2009 competition season, 13 judging courses and 19 generic coach development courses have been conducted. Enrolments on the coach development courses total more than 423, and that's not including the participants at who attended GymSchool'09!

Well done to the GymSports Officers, host clubs and presenters for all their efforts in helping to develop and upskill our coaches and judges.

Leslie Wooller, from AUT, is our online module marker. Leslie provides a feedback sheet with the marked modules. If there are aspects of the module that aren't included, Leslie will give recommendations

and advice on what further information needs to be included in order to reach the learning outcomes of the module. The aim of the modules is to help coaches reflect on their coaching and provide a useful resource that can be referred to throughout their coaching careers, so please ask for assistance where necessary. Assistance from Senior and Head coaches within clubs, or even working with fellow participants on your practical course could be useful avenues to gain advice from.

Coaches: Please remember to complete online modules relevant to your practical courses as your qualification is not complete until they are submitted. You have six months from the date of your course to submit online modules.

A valid First Aid certificate is also required for full qualification at all levels.



Making Movement Matter

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GymSports New Zealand (GSNZ) is the national sports organisation responsible for the development, promotion and governance of Rhythmic and Artistic Gymnastics, Aerobics, Trampoline sports and Gym For All.

