



Recognition of Prior Learning

Junior Coach – Rhythmic

SECTION A – THEORY

REQUIREMENTS OF GSNZ COURSE	EVIDENCE	RESULT
Introduction to Rhythmic Gymnastics		
Physical Conditioning		
An FMP Approach to Teaching Rhythmic Gymnastics Elements		
Freehand Routines		
Teaching Elements – Rope/Hoop		
Teaching Elements – Ball/Club		
Teaching Elements – Ribbon		
Dance for Rhythmic Gymnastics		
Choreography		
Multiples		
Routine Construction		

SECTION B – PRACTICAL EXPERIENCE

Practical experience can be recorded through observations of coaching sessions or evidence produced in session plans.

REQUIREMENTS OF GSNZ COURSE	EVIDENCE	RESULT
Introduction to Rhythmic Gymnastics		
Physical Conditioning		
An FMP Approach to Teaching Rhythmic Gymnastics Elements		
Freehand Routines		
Teaching Elements – Rope/Hoop		
Teaching Elements – Ball/Club		
Teaching Elements – Ribbon		
Dance for Rhythmic Gymnastics		
Choreography		
Multiples		
Routine Construction		

SECTION C – ASSESSOR COMMENTS

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DECISION/OUTCOME

Decisions	Notes/Details	Please tick
Qualification granted in full as requested		
Additional Course work required		
Additional Practical work required		

Assessor Name: _____

Signature: _____

Date: _____