



Recognition of Prior Learning

Junior Coach – Women’s Artistic

SECTION A - THEORY

| REQUIREMENTS OF GSNZ COURSE | EVIDENCE | RESULT |
|--------------------------------------------------|----------|--------|
| Introduction to Artistic Gymnastics | | |
| Strength and Flexibility for Artistic Gymnastics | | |
| Strategies for Teaching Elements | | |
| Vault | | |
| Bars | | |
| Tumbling | | |
| Beam | | |
| Floor | | |

SECTION B – PRACTICAL EXPERIENCE

Practical experience can be recorded through observations of coaching sessions or evidence produced in session plans.

| REQUIREMENTS OF GSNZ COURSE | EVIDENCE | RESULT |
|--------------------------------------------------|----------|--------|
| Introduction to Artistic Gymnastics | | |
| Strength and Flexibility for Artistic Gymnastics | | |
| Strategies for Teaching Elements | | |
| Vault | | |
| Bars | | |
| Tumbling | | |
| Beam | | |
| Floor | | |

SECTION C – ASSESSOR COMMENTS

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DECISION/OUTCOME

| Decisions | Notes/Details | Please tick |
|--------------------------------------------|---------------|-------------|
| Qualification granted in full as requested | | |
| Additional Course work required | | |
| Additional Practical work required | | |

Assessor Name: _____

Signature: _____

Date: _____