



Recognition of Prior Learning

Starting Out In Coaching

SECTION A - THEORY

REQUIREMENTS OF GSNZ COURSE	EVIDENCE	RESULT
Understanding GymSports NZ		
Understanding Coaching		
Understanding Athletes		
Programme Management		
Self Development		
Skill Development Activities		

SECTION B – PRACTICAL EXPERIENCE

Practical experience can be recorded through observations of coaching sessions or evidence produced in session plans.

REQUIREMENTS OF GSNZ COURSE	EVIDENCE	RESULT
Understanding GymSports NZ		
Understanding Coaching		
Understanding Athletes		
Programme Management		
Self Development		
Skill Development Activities		

SECTION C – ASSESSOR COMMENTS

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DECISION/OUTCOME

Decisions	Notes/Details	Please tick
Qualification granted in full as requested		
Additional Course work required		
Additional Practical work required		

Assessor Name: _____

Signature: _____

Date: _____